

THE WEEK BEFORE

- ☐ Booking confirmed — date, time and exact meeting point agreed with your photographer.
- ☐ Ring sized, polished and hidden somewhere your partner never looks.
- ☐ Outfits decided for both of you — coordinated, comfortable, weather-real.
- ☐ Cover story rehearsed until it sounds boring and believable.
- ☐ Weather watched daily; a sheltered plan B agreed with your photographer.
- ☐ Dinner or celebration reservation booked for about an hour after the session.
- ☐ If they'd want it: manicure booked a day or two ahead.

THE NIGHT BEFORE

- ☐ Phone charged; charger packed.
- ☐ Ring moved to the jacket or coat pocket you'll actually wear — not luggage.
- ☐ First line of what you'll say chosen (the rest can be imperfect).
- ☐ Alarm set with a 20-minute buffer. Then an early night.

THE MORNING OF

- ☐ Eat something — nerves burn fuel.
- ☐ Final weather check; confirm plan A or plan B with your photographer.
- ☐ Ring check as you leave the door. Pat the pocket. It's there.
- ☐ Leave early — arriving calm is the whole trick.

THE FINAL HOUR

- ☐ Phone on silent — this hour belongs to the two of you.
- ☐ Location pin and timing reconfirmed in one last quiet message.
- ☐ Breathe. They're going to say yes.

THE MOMENT & RIGHT AFTER

- ☐ Slow everything down — take their hand, say your line, then ask.
- ☐ Forget the camera completely; that's our job, and we're invisible.
- ☐ Stay in the bubble for five minutes before any phone calls.
- ☐ Champagne, portraits, dinner — in that order. Congratulations.